

Safety Seconds

Seconds to Learn. Saving Lives for a Lifetime

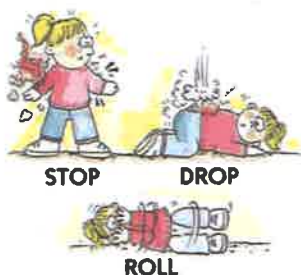


July: Fireworks Safety

- We strongly encourage that fireworks be left to the professionals.
- Should you utilize commercial fireworks, please adhere to the directions to avoid injuries.
- The tip of a sparkler burns at temperatures greater than 1200°F which is hot enough to cause third degree burns.
- Safest way to enjoy fireworks is to attend a public display conducted by trained professionals.
- Never pick up fireworks that may be leftover from a display as they may still be active.

August: Stop, Drop, Roll

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STOP – Do not run

- **DROP** – whether in or outdoors, drop wherever you are, COVER your face with your hands
- **ROLL** – Roll over and over to smother the flames
- Cool the burn immediately with cool water then cover with clean, dry cloth.
- **Call 9-1-1**
- Rolling smothers the flames by removing the oxygen. Covering the face with hands helps prevent flames from burning face and keeps heat and smoke from reaching the lungs.

September: Firefighters as Heroes

- Firefighters put out fires, teach fire prevention, rescue people from fires, and respond to medical emergencies.
- Firefighters wear protective gear including coats, gloves, trousers, hoods, helmets and boots.
- Firefighters wear a special breathing apparatus to allow them to breathe when they go into a fire.
- Do not hide from firefighters.
- Firefighters are there to help 24 hours a day, 7 days a week.



For Further Information please visit:

www.nh.gov/safety/divisions/firesafety/pub_ed/index.htm
www.sparky.org

October: Change your batteries in Smoke and CO Detectors

- Install Smoke Detectors inside and outside every bedroom and on each level of the dwelling. Follow manufacturer's instructions for placement and mounting height
- Install a CO detector in a central location outside each separate sleeping area on every level of the home.
- Never disable your detector and test monthly.
- Replace smoke and CO detectors that are older than 10 years as that is their recommended life expectancy.
- When you change your clocks, change your detector batteries and be sure they are clean and dust free.

November: Carbon Monoxide Awareness and Safety

- Carbon Monoxide (CO) should be installed in a central location outside each sleeping area and on every level of the home.
- Test CO alarms at least once a month, replace according to manufacturer's instructions
- If audible trouble signal sounds, check for low batteries, replace if low. If alarm still sounds, call the fire department
- If the CO Alarm sounds:
 - o Immediately move outdoors to fresh air
 - o Gather in meeting place
 - o Call for help from fresh air location and stay until emergency personnel arrive
- Do not run vehicle or other fueled engine indoors
- During and after snowstorm make sure vents for dryer and furnace are clear of snow buildup



December: Safe Use of Candles and Holiday Safety

- Blow out candles when you leave the room or go to bed
- Keep candles 12 inches away from anything that could burn
- Never use candles if oxygen is used in the home.
- Water, Water, Water your tree. Dry trees pose a fire risk
- Never use candles during a power outage.
- Keep holiday décor and trees at least 3 feet away from heat sources.
- Check your electric lights to ensure no damage or wear.
- Don't burn wrapping paper, consider recycling.
- Small decorations can be choking hazards keep them out of reach of small children.